



**ENERGY
CLINIC**
RELAXING
IN LUXURY

Aminess
HOTELS & RESORTS

RAVNOTEŽA
UMA
I TIJELA

To je ono što nam nedostaje u vremenima kada nemilosrdan super ubrzan ritam života ugrožava i razbija na dijelove čak i naše slobodno vrijeme. Ne radi se samo o tempu; život danas zahtjeva neprestanu pozornost i fokusiranost, pa naša svijest skače s jednog složenog izazova na potpuno drugačiji u intervalima od svega nekoliko minuta, polagano, ali sigurno trošeći našu energiju do trenutka gubitka sklada uma i tijela. Obnova sklada i unutarnje ravnoteže kroz jedinstven, cjelovit i iznad svega prirodan pristup je upravo ono čega se bavimo u ENERGY CLINIC-u.

BALANCE
AND
MINDFULNESS

It's what our lives are lacking in these times as the relentless, supercharged pace of modern life invades and fragments even our leisure time. And it's not just the tempo; life today requires attention and focus at all times, making our minds jump from one complex challenge to a completely different one in a matter of minutes, slowly but steadily depleting our energy levels until harmony is lost and until our inner selves are no longer aligned with our bodies. Restoration of that mindfulness, balance and alignment through a unique, holistic and fundamentally natural approach is exactly what we do here at ENERGY CLINIC.

SJAJNA
NJEGA LICA

FABULOUS
FACIALS

Anti-Fatigue Espresso

40 min / 452.07 KN / 60 EUR

Savršen brz tretman za umornu, sivu i neujednačenu kožu s proširenim porama.

Posebno osmišljeni proizvodi pomoći će u zatezanju i osvježavanju umorne kože, dajući joj novi sjaj.

Perfect and quick facial treatment for tired, grey and uneven skin with large pores.

This specially designed product will help to tighten and regenerate tired skin, thus providing it a new radiant glow.

Signature Hydrating

60 min / 753.45 KN / 100 EUR

► **POPULAR**

Posebno osmišljen tretman lica, namijenjen svim tipovima kože i dubinskoj hidrataciji.

EC stručnjaci osmislili su izvrsnu formulu protiv dehidracije, za vraćanje kože u prvobitno, zdravo stanje.

Facial treatment specially designed for all skin types and deep hydration.

EC experts developed the perfect formula for preventing dehydration and restoring the original healthy condition of the skin

Anti-Age Strategy

75 min / 1017.16 KN / 135 EUR

Anti-Age strategija koristi EC proizvode s hijaluronskom kiselinom i masažnu tehniku koja usporava proces starenja, osvježava kožu i ublažava bore. U kombinaciji s kolagenskom anti-age maskom, vaša će koža biti potpuno obnovljena.

Anti-age Strategy uses EC hyaluronan products and massage technique designed to slow down the ageing process, to refresh the skin and to reduce wrinkles. In combination with the anti-age collagen face mask, your skin will be completely renewed.

Hydra-Man

50 min / 753.45 KN / 100 EUR

Tretman lica posebno osmišljen za mušku kožu, izjednačava ten i njeguje, ujedno se boreći protiv znakova starenja.

Facial treatment specifically designed for male skin, refines the complexion and nourishes the skin while at the same fighting against the signs of ageing.

Energy Clinic Maska

Energy Clinic Mask

20 min / 150.69 KN / 20 EUR

*EC tretmani lica se izvode s ultrazvučnim uređajem (osim Espresso)

*EC facilas are performed with ultrasound device (except Espresso)

THALGO

La Beaute Marine Facials

More je izvor života s više od 25.000 vrsta algi, od kojih se danas upotrebljava manje od 30.

Thalgo laboratoriji, pioniri pomorskoga znanstvenog istraživanja, stekli su jedinstveno znanje o učinkovitosti aktivnih sastojaka iz mora. Koristeći iskustvo i znanje o djelovanju algi i koncentrirajući se na prirodne sastojke koje tijelo najbolje prihvaća, Thalgo nudi proizvode za njegu lica i tijela koji su izrazito učinkoviti, a ujedno i potpuno sigurni te blagi za kožu.

The sea is source of life with more than 25.000 species of algae, of which less than 30 species are used today. Thalgo laboratories, known for their pioneering work in the field of maritime scientific research, have acquired unique knowledge about the efficiency of active ingredients from the sea. By using its experience and knowledge about the effects of algae and focusing on the natural ingredients that are best accepted by the body, Thalgo can offer facial and body care products which are exceptionally efficient while at the same time completely safe and gentle on the skin.

Thalgo Source Marine Ritual

► POPULAR

60 min / 979.49 KN / 130 EUR

Ovaj ritual podiže razinu hidratacije kod dehidrirane kože, vraća joj blistavost i pruža baršunasti osjećaj na koži.

This facial lastingly corrects the hydration level of dehydrated skin, deeply replenishes and restores the skin's velvety-smooth feel and original radiance

Thalgo Cold Cream Marine Ritual

60 min / 1130.18 KN / 150 EUR

Ritual koji će umiriti suhu i/ili osjetljivu kožu sadrži ekskluzivni THALGO Cold Cream Marine koji dubinski hrani i jača otpornost osjetljive kože.

A haven of peace for dry or sensitive skin, this treatment delivers the essence of the Cold Cream Marine recipe, a THALGO exclusive, to lastingly nourish and increase the skin tolerance threshold of delicate and fragile skin.

Thalgo Silicium Marine Super-Lift

75 min / 1356.21 KN / 180 EUR

Tretman djeluje na gubitak čvrstoće i zaglađuje duboke bore.

U srcu tretmana je visoko učinkovita masaža protiv bora i profesionalna učvršćujuća maska koja briše bore i vraća blistavost.

This THALGO treatment excels in correcting loss of firmness and smoothing deep wrinkles. At the heart of its treatment procedure are a highly effective anti-wrinkle massage and a professional double firming mask that erases wrinkles and restores radiance to the complexion.

OSNOVNI TRETMANI

BASIC TREATMENTS

PERFECT PEDICURES

Klasična pedikura

Classical Pedicure

60 min / 376.73 KN / 50 EUR

Uljepšavanje noktiju i stopala, upotpunjeno nanošenjem energizirajućeg i osvježavajućeg balzama za njegu stopala. Tretman uključuje lakiranje noktiju u jednoj boji. Beautifying of toenails and feet, completed by gentle application of energizing and refreshing foot balsam. The treatment includes a single-coloured nail polish.

Detoks pedikura

Detox Pedicure

70 min / 489.74 KN / 65 EUR

Njega stopala u blagoj otopini hipermangana i biljnoj kupci koje u sinergiji djeluju protuupalno i dezinficirajuće. Uljepšavanje noktiju i kože stopala upotpunjeno je detoks maskom na kraju tretmana.

Foot care in potassium permanganate solution in synergy with herbal bath having an anti-inflammatory and disinfecting effect. Beautifying of toenails and skin of the feet is completed with a detox mask at the end of the treatment.

Energy Clinic spa tretman stopala

Energy Clinic Foot Spa Treatment

► **POPULAR**

90 min / 640.43 KN / 85 EUR

Posebno osmišljena luksuzna pedikura posebnim esencijalnim uljem, upotpunjena pilingom i maskom za stopala od ljekovitog bilja, masažom stopala, uljepšavanjem noktiju i, prema potrebi, lakiranjem noktiju.

Specially designed luxury pedicure with special essential oils, completed with foot scrub and foot mask with medicinal herbs, foot massage, beautifying of toes and, if required, nail polishing.

Lakiranje noktiju / Nail Polish

20 min / 150.69 KN / 20 EUR

MARVELOUS MANICURES

Klasična Manikura

Classical Manicure

50 min / 339.05 KN / 45 EUR

Brzo čišćenje, oblikovanje i popravak noktiju kako bi mogli zdravo rasti. Na nokte se, prema potrebi nanosi prirodni zaštitni sloj i lak u jednoj boji. Fast cleaning, shaping and repairing nails, so that they can grow healthy. If required a natural protective coat and a single-coloured nail polish are applied on the nails.

Energy Clinic spa tretman ruku

Energy Clinic Hand Spa Treatment

► **POPULAR**

75 min / 527.42 KN / 70 EUR

Luksuzni tretman ruku uključuje osvježavajući piling za nježnu i meku kožu, završnu manikuru, poliranje noktiju, hranjivu masku s aromatičnim uljima i opuštajuću masažu.

A luxury hand treatment which includes a refreshing hand scrub for soft and smooth skin, manicure, nail polishing, nourishing mask with aromatic oils and a relaxing hand massage.

Lakiranje noktiju / Nail Polish

20 min / 150.69 KN / 20 EUR

NJEGA
TIJELA

BODY
CARE

Energy Clinic Piling tijela

Energy Clinic Body Polish

30 min / 339.05 KN / 45 EUR

Osvježavajući aromatični piling tijela koji kožu čini baršunastom i mekom, zahvaljujući uravnoteženoj kombinaciji ljekovite morske soli i aromatičnih ulja što hrane kožu.

Ovo je idealan tretman za trenutno obnavljanje energije i svježine.

A refreshing aromatic body polish making the skin velvety smooth and soft due to the balanced combination of medicinal sea salt and aromatic oils nourishing the skin. This is an ideal treatment for an instantaneous renewal of energy and freshness.

Fit Figure Body Wrap

45 min / 414.40 KN / 55 EUR

Umotavanjem tijela u foliju smanjuje se celulit, poboljšava izgled kože i potiče intenzivno izlučivanje vode i zaostalih toksina iz tijela.

Wrapping the body in foil reduces cellulite, improves the appearance of the skin and stimulates intensive withdrawal of water and residual toxins from the body.

Fit Figure Body Shape

► **SIGNATURE TREATMENT**

70 min / 866.47 KN / 115 EUR

Izvrstan novi detox&slim ritual počinje brzim četkanjem tijela kojim se potiče cirkulacija. Potom se nanosi originalni Fit Figure serum zagrijavajućeg djelovanja koji prodire u dublje slojeve epiderme. Tretman završava vezivno-tkivnom masažom koja koži vraća sjaj.

The fantastic new detox & slim ritual starts with a quick and energetic

body brushing stimulating the circulation. It is followed by the application of an original Fit Figure serum with a warming effect, penetrating in the deeper layers of epidermis. The treatment ends with a connective tissue massage which restores the skin's glow.

Otoci u struji

Islands In The Stream

► **SIGNATURE TREATMENT**

75 min / 941.81 KN / 125 EUR

Energy Clinic tim osmislio je ovaj jedinstveni ritual kako bi vam pomogao da se potpuno opustite i obnovite svoj um i tijelo. Tretman počinje energičnim pilingom, nakon čega slijedi 45-minutna opuštajuća masaža uljem lavande. Za kraj, izmjenom vrućih i hladnih obloga stimulira se cirkulacija i protok energije kroz meridijane cijelog tijela, oslobađajući vas nakupljenog stresa. This unique ritual was specially created by Energy Clinic team of experts in order to help you to achieve deep relaxation and regeneration of both body and mind. The treatment starts with a vigorous aromatic scrub followed by a 45-minute soothing massage with lavender oil and ends with alternating hot and cold compresses stimulating circulation and energy flow through the meridians of your entire body, relieving you of accumulated stress.

MASAŽE

MASSAGES

Zdrava kralježnica
(masaža leđa i vrata)

Fine Spine

(back and neck massage)

25 min / 414.40 KN / 55 EUR

Kombinacija tehnika koristi se za olakšavanje i ublažavanje mišićne napetosti u leđima, vratu i ramenima. A combination of techniques is used to ease and soothe muscle tension in your back, neck and shoulders.

Relaksirajuća masaža za stopala

Relaxing Foot Massage

25 min / 339.05 KN / 45 EUR

Prirodna, ljekovita masaža djeluje stimulirajuće na refleksološke točke vaših stopala, poboljšavajući cirkulaciju i potičući tijelo da obnovi svoju prirodnu ravnotežu. Idealna u liječenju tegoba povezanih sa stresom, poput glavobolja, nesanice, umora i sličnih tegoba.

Natural healing massage stimulating the reflex points of your feet, improving circulation and stimulating the body to restore its natural balance. It is ideal for healing stress-related discomforts such as headaches, insomnia, fatigue and similar discomforts.

Aromatična masaža lica i tjemena

Face & Scalp Aromatic Massage

30 min / 414.40 KN / 55 EUR

Ugodite si ovom izrazito umirujućom masažom koja stimulira limfnu drenažu, otvara pore i omogućava koži da diše, dok blago stimuliranje akupresurnih točaka ublažava napetost u glavi, vratu i ramenima. Indulge yourself with this exceptionally soothing massage that stimulates lymphatic drainage, opens pores and enables the skin to breathe, while mild stimulation of acupuncture points releases tension in the head, neck and shoulders.

Antistress terapija za leđa i noge /
Anti-Stress Back and Leg Therapy

► **SIGNATURE TREATMENT**

45 min / 565.09 KN / 75 EUR

Opuštajući tretman koji uključuje masažu nogu i leđa. Djeluje na poboljšanje cirkulacije te bolji protok limfe. Tretman završava Kneipovom metodom izmjene hladnih i toplih obloga.

Relaxing treatment that includes a legs and back massage stimulating circulation and lymph flow. The treatment ends with Kneip's method of alternating warm and cold compresses.

Cellulite Free Girl

45 min / 602.76 KN / 80 EUR

Intenzivni tretman za izlučivanje toksina koji ubrzava eliminirajuće procese i mobilizira nakupljene masne stanice u svim kritičnim zonama. Ponovo uspostavlja ravnotežu vode u tijelu i stimulira mikrocirkulaciju. Koži vraća tonus, glatkoću i zdravi sjaj.

Intensive, toxin-releasing treatment that speeds up the releasing processes and mobilizes the accumulated fat cells in all critical zones. It rebalances the water in the body and stimulates microcirculation. Skin tonus, smoothness and healthy glow are restored.

Energy Clinic klasična masaža

Energy Clinic Classical Massage

50 min / 565.09 KN / 75 EUR

Kombinacijom pet osnovnih pokreta usmjerenih prema srcu ovom masažom se stimulira tijelo te krvotok i limfni sustav. Ovaj tip masaže idealan je za poboljšanje cirkulacije, eliminaciju toksina, za uklanjanje napetosti i duboko opuštanje.

The massage is stimulating the body, the vascular system and the lymphatic system by combining five main movements directed towards the heart. It is an ideal massage for improving circulation, eliminating toxins, releasing tension and for deep relaxation.

Masaža dubokog tkiva

Deep Tissue Massage

50 min / 602.76 KN / 80 EUR

Oporavite se brzo nakon napornog vježbanja ili sportskih aktivnosti i pomognite svome tijelu da eliminira metabolite, toksine i mliječnu kiselinu. Ova intenzivna masaža dovest će do brzog oporavka mišića i vratiti tijelo u prirodnu ravnotežu.

Recover fast after a strenuous workout or sports activities and help your body to eliminate metabolites, toxins and lactic acid. This intensive deep tissue massage will speed up the muscles recovery and restore the natural balance of the body.

Relaksirajuća masaža toplim uljem

Relaxing Warm Oil Massage

► **POPULAR**

50 min / 678.11 KN / 90 EUR

Masaža u kojoj se koriste topla aromatična ulja koja tijekom cijelog tretmana zadržavaju finu, koži iznimno ugodnu temperaturu. Ulja koja se koriste istodobno smiruju i čiste, osiguravajući pritom duboko opuštanje.

Massage with warm aromatic oils maintaining a fine, for the skin exceptionally comfortable temperature during the entire treatment. The oils which are used are calming and cleansing at the same time, thereby providing deep relaxation.

Energy Clinic masaža

s biljnim pindama

Energy Clinic Massage

With Herbal Pads (Pinda)

50 min / 791.12 KN / 105 EUR

Relaksirajuća masaža koja se izvodi toplim, biljnim jastučićima (pindama) i biljnim uljima. Vrlo je opuštajuća i ugodna zbog mirisa, opušta i vraća energetska ravnotežu. Ako se odlučite za 80-minutni tretman, dodatno ćete uživati u akupresurnoj masaži lica eteričnim uljima prema vlastitim potrebama.

Relaxing massage performed with warm, herbal pads (Pinda) and herbal oils. It is very relaxing and pleasant because of the scent of essential oils, and it provides deep relaxation and restores energy balance. If you decide for an 80-minute treatment, you will additionally enjoy an acupressure facial massage with essential oils selected according to your needs.

Masaža toplim kamenjem

Hot Stone Massage

70 min / 753.45 KN / 100 EUR

Korištenjem zagrijanog kamenja, ali i aromaterapijskih ulja dobiva se izrazito opuštajući učinak. Kamenje postupno otpušta toplinu, potičući duboko opuštanje tijela i uma.

By using heated stones as well as aromatherapy oils a very relaxing effect is achieved. The stones release heat progressively, thus stimulating deep relaxation of both body and mind.

Energy Clinic masaža s potpisom

Energy Clinic Signature Massage

► **POPULAR**

80 min / 979.49 KN / 130 EUR

Najpopularniji oblik masaže koji je namijenjen opuštanju, s uravnotežujućim učinkom na tijelo. Tretman tonizirajuće djeluje na tijelo i ima blagotvoran učinak na ligamente i tetive, kao i na cirkulaciju, protok limfe i živčane putove. Nakon masaže cijelog tijela, osjećat ćete se gipki i puni energije.

This is the most popular form of massage for deep relaxation and with a balancing effect on the body. The treatment tones the body and has a beneficial effect on ligaments and sinews as well as blood circulation, lymph flow, and nerve tracts. After the full-body massage, you will feel supple and full of energy.

HAMMAM TRETMANI

HAMMAM TREATMENTS

Prije tretmana u hamamu se preporučuje 10-minutna parna kupka. Vaš tretman počinje tuširanjem, nanošenjem i utrljavanjem posebnog sapuna-šampona za hamam. Nakon toga će vaš terapeut isprati cijelo tijelo i nastaviti s pilingom tijela pomoću rukavice za hamam kako bi ostrugao vašu mrtvu kožu. Tijelo se još jednom ispire i nanosi bogata hidratantna krema za tijelo. Tretman uključuje i pranje kose. Vaše iskustvo hamama završava u prostoru za opuštanje gdje se poslužuje šalice biljnog čaja.

A 10 minutes steam bath is recommended before your hammam treatment. Your treatment starts with showering and applying and rubbing in a special hammam soap-shampoo. After that your therapist will rinse the whole body and proceed with body scrub using hammam glove in order to scrape away your dead skin. Once again your body is rinsed and rich hydrating body cream is applied. The treatment includes a hair wash as well. Your hammam experience ends in relaxation area where a cup of herbal tea is served.

Hamam
60min / 753,45 KN / 100 EUR

Hammam + 30min massage
90min / 1.130,17 KN / 150 EUR

Hammam + 60min massage
120min / 1.506,90 KN / 200 EUR

LUKSUZNI
SPA RITUALI

LUXURY
SPA RITUALS

Let Your Face & Body Glow

► **POPULAR**

100 min / 1017.16 KN / 135 EUR

Ritual počinje s FitFigure Body Shape tretmanom tijela koji potiče cirkulaciju, zateže kožu i vraća joj sjaj. Za potpuni dojam slijedi Anti-Fatigue Espresso tretman lica koji će vam obrisati sve tragove umora.

The ritual begins with Fit Figure body Shape treatment which stimulates circulation, tightens the skin and restores its radiance. For a complete experience it is followed by Anti-Fatigue Espresso facial treatment which will clear away all signs of a tired skin.

New Line 120'

120 min / 1280.87 KN / 170 EUR

Ovaj ritual počinje s opuštajućom masažom cijelog tijela vrućim uljem, uz koju ćete se zasigurno osloboditi nakupljenog stresa. Nakon masaže slijedi anti-age tretman lica koji će vašoj koži vratiti prirodan sjaj i čvrstoću.

The package begins with a relaxing full body massage with warm oil, relieving you from the accumulated stress. The massage is followed by an anti-age facial treatment restoring the natural skin's radiance and firmness.

After Plane Spa Comfort

75 min / 791.12 KN / 105 EUR

Tretman počinjemo Anti-Stress Back & Leg masažom koja opušta mišiće i otklanja umor nakon dugotrajnog putovanja. Izmjena toplih i hladnih obloga poboljšava cirkulaciju dok Anti-Fatigue Espresso osvježava i zateže umornu kožu lica dajući joj novi sjaj.

We begin the treatment with an Anti-Stress Back & Leg Massage relaxing the muscles and eliminating the fatigue after a long trip. The exchange of warm and cold compresses improves circulation while Anti-Fatigue Espresso facial treatment refreshes and tightens tired skin providing it a new radiance.

Energy Clinic Aroma Cocoon

100 min / 941.81 KN / 125 EUR

Aromatični piling tijela hranjivim aromatičnim uljima i morskom solju. Uključuje tretman omatanja tijela (body wrapping), osmišljen prema aromaterapijskom programu za detoksifikaciju i pomlađivanje kože. Tretman završava 30-minutnim utrljavanjem aromatičnih ulja čineći kožu savršeno glatkom i mekom. Posebno se preporučuje nakon zimskog razdoblja.

A body polish with nourishing aromatic oils and sea salt. This treatment also features a body wrap aromatherapy program for detoxification and skin rejuvenation. The ritual is concluded with a 30-minute rubbing in of aromatic oils to achieve the perfectly smooth and soft skin. Specially recommended after winter season.

Man Only

90 min / 1017.16 KN / 135 EUR

Paket predstavlja čišćenje i zatezanje muške kože lica i 50-minutnu sportsku masažu. Idealan za muškarce koji vode užurban i stresan život.

The package includes cleansing and firming of male facial skin and a 50-minute deep tissue massage. Ideal for men leading a fast and stressful life.

Tea 4 Two



POPULAR

120 min / 2034.32 KN / 270 EUR

Romantični paket sastoji se od aromatičnog pilinga tijela uz korištenje hranjivih aromatičnih ulja i morske soli. Nakon toga slijedi 50-minutna opuštajuća masaža te posluživanje laganog snacka i prirodnoga biljnog čaja. Tretman se izvodi u privatnom spa prostoru sa saunom i jacuzijem.

This romantic package consists of an aromatic body polish with nourishing, aromatic oils and sea salt. It is followed by a 50-minute relaxing massage and serving of a light snack and natural herbal tea. The treatment is performed in a private spa with sauna and jacuzzi.

Bubbles 4 Two

160 min / 2938.46 KN / 390 EURO

Ovaj luksuzni romantični paket za dvoje sastoji se od aromatičnog pilinga tijela uz korištenje hranjivih aromatičnih ulja i morske soli.

Slijedi 80-minutna opuštajuća

Energy Clinic masaža s potpisom te posluživanje voća, laganog snacka, prirodnoga biljnog čaja i pjenušca.

Na raspolaganju je privatni spa sa saunom i jacuzziem.

This luxury romantic package for two consists of an aromatic body polish with nutritious aromatic oils and sea salt. It is followed by an 80-minute Energy Clinic signature relaxing massage and serving of fruits, light snack, natural herbal tea and sparkling wine. The treatment is performed in a private spa with sauna and Jacuzzi.

ENERGY CLINIC PROIZVODI

ENERGY CLINIC proizvodi kreirani su od najkvalitetnijih sastojaka organskog ili biljnog podrijetla i ekstrakta biljaka poznatih po iznimnim terapijskim učincima. Svi su proizvodi proizvedeni u Hrvatskoj, u suradnji s najpoznatijim stručnjacima iz područja farmaceutike. Misao vodilja pri kreiranju proizvoda bila je ponuditi klijentima proizvode s najkvalitetnijim prirodnim sastojcima koji pomažu održavanju prirodne elastičnosti kože i vraćaju je u energetske ravnotežu.

ENERGY CLINIC PRODUCTS

ENERGY CLINIC products are produced from premium quality ingredients of organic or natural origin and plant extracts known for their exceptional therapeutic qualities. All products are manufactured in Croatia, in cooperation with the most renowned experts in the field of pharmaceuticals. The guiding principle in designing the product was to offer customers products with highest quality ingredients that help maintain the natural skin elasticity and restore energy balance.





Poklon bonovi su dostupni na recepciji
ENERGY CLINIC-a

Gift vouchers available for purchase at
energy clinic reception desk.

PDV je uračunat u sve cijene / VAT is included

POZIV IZ SOBE /
INTERNAL HOTEL NUMBER: 310

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